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USER MANUAL



Decuheel inflatable patient specific heel lifter

- The heel lifter must only be used for the prevention of heel pressure ulcers, in connection with the treatment of heel pressure ulcers, and for heel elevation.
- Unfold the heel lifter. Insert the tip of the pump into the self-closing valve. Inflate the heel lifter to only ¾ of full capacity. The heel lifter must not be fully inflated as it may turn hard and thereby harm the patient, and because it may itself be damaged.
 The heel lifter is now ready for use.
 Place the patient's foot in the inflated heel lifter.
- The sole of the foot must rest against the part marked with a drawn foot on the heel lifter. The calf must be supported by the large air-filled part at the bottom.
- Lift the heel above the support (mattress). Adjust the air pressure to reach correct heel lift (1-2 cm), this can be done while the patient's leg rests in the heel lifter.
- The pressure is reduced by using the included stick and inserting it carefully into the valve so that air is released until the desired pressure has been achieved.
 Close the strap. NB.The strap must not be too tight.
- The heel lifter can be punctured before disposal, e.g. by cutting one corner.
- It can be disposed of with the general waste.
- The heel lifter is to be used directly against the skin. The heel lifter is patient specific and must not be used for patient no. 2.
- Does not contain phthalates

- Too high pressure in the heel lifter can lead to its bursting with a loud sound.
- The heel lifter must only be filled with atmospheric air.
- Filling the heel lifter with other types of gas can be a fire hazard.
- Due to risk of infection the heel lifter must not be in direct contact with pressure ulcers.
- Always keep the correct pressure in the heel lifter. There is a risk of pressure ulcers if pressure is not maintained in the heel lifter.
- The heel lifter must only be used when it is inflated.
- Do not use the heel lifter near fire or flame.
- Defective heel lifters should be immediately disposed of.